Depressed?

Not eating?

Stressed?

Not coping?

Feeling low?

Do your staff need help with their mental health?

Not sleeping?

Anxious?

If your employees are experiencing mental health difficulties at work, we can provide support at no cost to you.





The Access to Work Mental Health Support Service delivered by Remploy is funded by the Department for Work and Pensions.

The service provides confidential support to help your staff remain in work. There is no charge to access the service.

Our advisors will help with:

- Workplace support for nine months
- Coping strategies
- A wellbeing plan
- Workplace adjustments.

Your employees can qualify for this service if they:

- Are in permanent or temporary employment (working or signed off sick)
- Have a mental health condition that has resulted in workplace absence, or making it difficult to remain in work

Get in touch and we'll do the rest:

- **©** 0300 456 8114
- @ a2wmhss@remploy.co.uk
- www.remploy.co.uk/mentalhealth

Applications are subject to a decision by Access to Work advisers.

Mental health support For your employees









For alternative formats, please email communications@remploy.co.uk quoting Ref.R214-Aug18